



Meeting Patient Needs in a Changing World!

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Coaching to Self-care

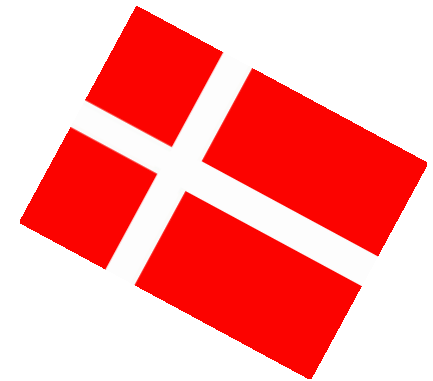
Nurse Assisted Bath

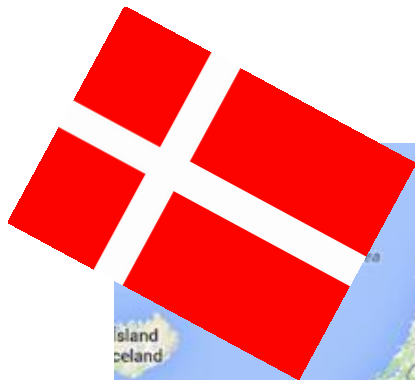
ReBUS

Municipality of Frederiksberg "Home care"

University College of Diakonissestiftelsen/ UCD

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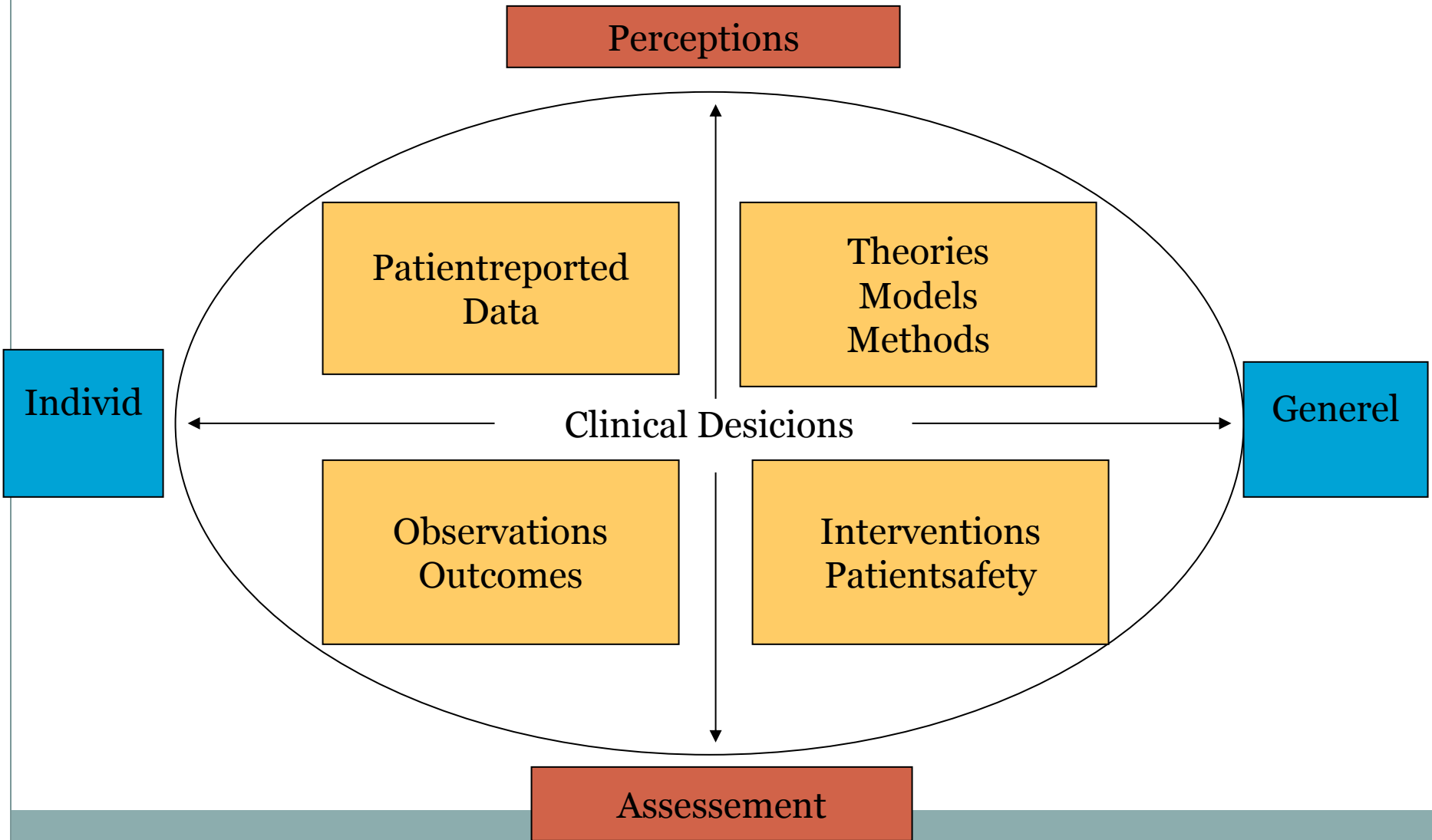


Co-Researchers:

University Hospitals in Gentofte, Køge, Holbæk, Næstved, Århus and Municipality of Frederiksberg



Patientreported Outcomes Methods Interventions



Self-Care Needs after Surgery



Patients need to be assisted to basic self-care activities as for an example:

- Personal hygiene
- Patients can choose bath with soap and water.

Versus

- Bath wipes (prepacked single units) can be used everywhere without water and towels.



Regitze #



Regitze H



FREDERIKSBERG
KOMMUNE

ReBUS



DIAKONISSESTIFTELSEN

Rehabilitation:

Nurse assisted bath is an activity of daily living and a need for elderly men and women to support their daily rehabilitation and quality of life.

Bath:

There are two types of baths: the traditional basin used with water and soap, and the disposable bath, which is prepacked in single-use units and heated before use.

User:

Involvement based on elderly men and womens' selfrated health status, measurements, experiences and evaluation of traditional bath with water and soap versus prepacked.

Satisfaction:

Participants:
Facilities at home (bathroom)
Skin observation
Use of time
Self-rated wellness using traditional bath with water and soap vs. single-units

Researchgroup and informations:

<http://diakonissestiftelsen.dk/sygeplejerske/rebus-kronologi>



Heidi Næsted Stuhaug: Head of Nursemanagement:
Municipality of Frederiksberg Home Care Setting, Master
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Elderly patients and nurse assessment of traditional bed bath compared to prepacked single units – RCT.

Scandinavian Journal of Caring Sciences, 2015: 29 (347-352)

Head of Nursemanagement Lis Nøddeskou conducted a RCT in a University Hospital in Køge/Region Zealand:

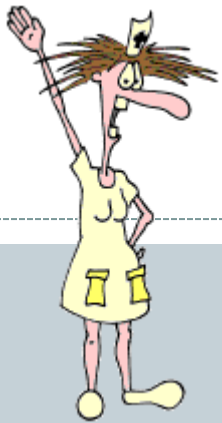


Outcome:

- Both patients and nurses preferred the prepacked single units.
- Comfortable, faster, easy to use.

Projectmanager Brita Lindeberg (RN) University Hospital (Køge) trained the students to participate in our research in the Municipality of Frederiksberg





Thank You!



To the patients!

To my co-researchers!

To my co-writers!

To our followers on Research Gate!
800 our bath research – 700 our Hip
research.